



Woodpeckers and Palm Trees

The sabal palm (*Sabal Palmetto*) is Florida's state tree. Seminole and Miccosukee Indians call the sabal palm the "tree of life" because it has long provided them with shelter, food, tools, utensils, and fibers. Here we see a family of pileated woodpeckers (*Hylatomus pileatus*) in dead sabal palms, which the birds use for nesting and to find insects to eat.